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*To whom it may concern,*

*at the request of Ms. Szabina Sinkovits and Mr. Zoltán Paksy,*

*I am giving recommendation as follows:*

Szabina is a highly qualified professional. She has specialized herself in supporting and developing the performance of our swimmers. She works with the team to improve both physical and mental conditions. Amongst many others, her key skills are strength training, stretching and relaxing through yoga practice with the elite team including 5 olympians of Rio2016. She is also great in taking part in the daily recovery routine of the junior team.

Zoltán has been working with the junior team as swim coach, next to one of our most successful coach, Mrs. Edit Bokrosné Maschler. Amongst many, he has been working with Anna Bokros, multiple age-group champion, and age group record holder. Zoltán is best known for being kind but consistent. He is well prepared in teaching techniques and designing training plans for individual performance enhancement.

Mr. Paksy is also great in motivating our swimmers, being able to find the language with our athletes, not only the olympians, but also the age-groupers.

Szabina and Zoltán are great benefit for our team, and we are delighted to have them as the member of our staff.

Győr, Hungary  
13. January 2017

  
**Ivan Petrov**

*Junior Head Coach - Hungarian Swim team*

*Head Coach - Győri Úszó SE*

*TSC Member - Ligue Européenne de Natation*